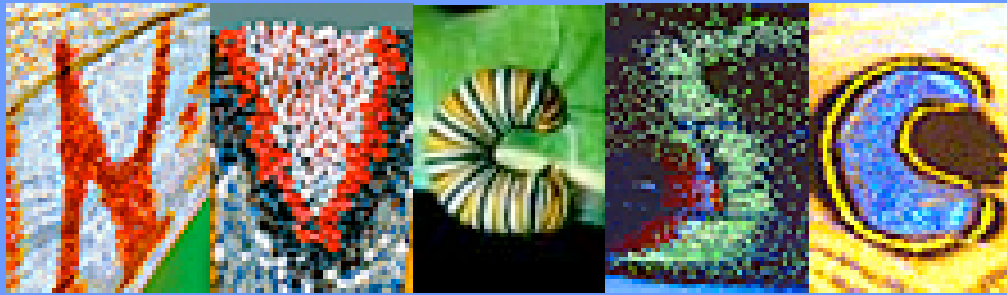


This summer, give yourself an inspirational week of living, loving and learning Nonviolent Communication (NVC)



Living from the Heart

Third Annual Nonviolent Communication Santa Cruz

Retreat and FUNfest

June 22 – 27, 2008

In a spirit of play and community building, we invite you to the Santa Cruz Mountains to co-create a week of insightful learning, empathetic connections, and personal empowerment

Here is what we envision:

- Empathy groups • Journal writing • Yoga, hikes, meditation
- Workshops that explore: • Teaching NVC • Unconditional Parenting
- Love without conditions, expectations or demands • Hearing Nonviolently
- Making our dreams come true: Taming our Jackals to unleash our Giraffe Vision
 - Social Action • Quietening the Jackal Show • Conflict Improvisation
 - Personality dynamics, core beliefs and needs, jackal strategies
 - "Absurdiveness" Training - The use of humor in conflict resolution
 - "Playshops," games, exercises and even a talent show

Stick your (giraffe) neck out and offer your own workshop, skill, or special talent

Join trainers Jean Morrison, Kelly Bryson & Kristin Masters

June 22-27, 2008 - Quaker Center, Ben Lomond, California

<http://nvcsantacruz.org/retreat2008>

Costs: Sliding-scale donation for retreat is \$375-775. *Scholarships available.*

Accommodations and Meals (catered by Tod Nysether):

Double room: \$385, Camping: \$325, Commuter's day use and 10 meals: \$265

Reserve your space! A \$100 deposit will hold your place, with the remaining balance due June 1. (Fee is refundable minus a \$50 service charge until April 20.)